



# BEARDED DRAGON

## — Care Guide —

Bearded dragons (*Pogona vitticeps*) are intelligent, docile, and full of personality. With proper care, they make excellent companions for beginners and experienced keepers alike.



### ABOUT BEARDED DRAGONS

- ✓ Native to Australia's dry desert and scrub regions
- ✓ Diurnal (active during the day)
- ✓ Social and enjoy interaction
- ✓ Gentle and easy to handle
- ✓ Live 8–12 years with proper care



### HABITAT SETUP

- SPACIOUS ENCLOSURE**  
Minimum 4x2x2 ft for adults. Larger is always better!
- SUBSTRATE**  
Use a loose substrate like playsand/topsoil mix or reptile carpet.
- DECOR & CLIMBING**  
Provide rocks, branches, and basking platforms. Bearded dragons love to climb!



### TEMPERATURE & HUMIDITY

- Basking Spot: 100–110°F
- Cool Side: 75–85°F
- Nighttime: 65–75°F
- Humidity: 20–40%
- Use a digital thermometer on both sides.



### LIGHTING

- UVB is essential! Use a T5 HO UVB tube light (10.0 or 12%).
- On 12–14 hours daily
- Replace UVB bulb every 6–12 months
- Provide a basking light to create a heat gradient.



### DIET

- Omnivore
- 80% Insects (crickets, dubia roaches, black soldier fly larvae)
- 20% Greens (collard greens, mustard greens, bell pepper, squash, etc.)
- Dust insects with calcium 3–4x per week and a multivitamin 1–2x per week.



### WATER

- Always provide fresh, clean water.
- Offer in a shallow dish large enough for them to soak in.
- Misting is not necessary and can raise humidity too much.



### ENCLOSURE

- Minimum 4x2x2 ft for adults.
- Front opening recommended.
- Secure, well-ventilated enclosure.
- Maintain a temperature gradient.



### HABITAT EXAMPLE



### QUICK TIPS

- ✓ Handle gently and support their body.
- ✓ Bearded dragons can bob their head—this is normal communication.
- ✓ Ensure proper UVB, heat, and diet for a long, healthy life.
- ✓ Observe daily for signs of stress or illness.

### NEED SUPPLIES OR MORE INFO?

Scan the QR code for products, care guides, and expert advice!

